

Boston to Provincetown Ride

L=Left R=Right X=Cross F=Forward B=Bear Q=Quick SS=Stop Sign T=T-Stop TL=Traffic light V=Fork

Mi	Turn	Onto - Comments
0.0	R	Tremont St.
0.1	L	East Dedham @TL
0.3	X	Washington St. @TL
0.5	L QR	Harrison Ave. @TL Malden St. at fire station
0.7	L	Albany St. @T. Follow arrows onto sidewalk.
0.8	R	On sidewalk.
0.9	L	Frontage Rd. @TL
1.0	R	West Fourth St. @TL
1.3	R	Dorchester Ave. @TL
1.5	BL	Old Colony Ave. @TL [P stop at Dunkin' Donuts]
2.2	F	Go through SS. Continue past rotary
2.5	BR	Off ramp @TL
2.7	BR	Morrissey Blvd. (pass WLVI-TV & Boston Globe)



Mi	Turn	Onto - Comments
5.4	L F	Neponset Ave. @TL. Follow under highway. Neponset River Bridge
5.8	BR	Exit ramp to Hancock St. (Rt. 3A)
7.4	F	Hancock St. (Not 3A)
8.7	F	Hancock St. @TL. b/c Quincy Ave. [P stop at Burger King]
11.2	BL	Commercial St. @TL (Rt. 53)
11.3	R	Front St. @TL (If you miss turn, follow Rt. 53 & R at Rt. 18 to pick up route.)
11.7	BL	Front St. (Follow arrows.)
14.1	L	West St. @SS
14.2	QR	Rt. 18 @TL [P stop at Dunkin' Donuts]
15.4	R	Pond St. @TL (If you miss this, make left at Rt. 58)

Mi	Turn	Onto - Comments
16.8	X F	Rt. 18 @TL Rt. 58. Follow to Plympton.
18.7	BL	Rt. 58 @V
21.3	BR	Follow rotary counter-clockwise to 3rd Right
23.7	BR	Rt. 58 [P stop at McDonald's]
30.1		Checkpoint #1 Halifax Boat Ramp
34.5	L	Mayflower Rd.
35.2	BL	Colchester St. (Follow Bike Route 1)
37.7	R	Route 80 West
40.2	L	Rt. 80 West @T (blinking light)
41.8	L	Rt. 44 @T
42.0	BR	Carver Rd. @TL Do not make hard R onto Seven Hills.
42.5	L	Summer St. @SS. Follow into Plymouth Center.



Mi	Turn	Onto - Comments
44.2	R	Pleasant St. @T, then
44.3	F	Pleasant St. (not Bike Rt. 1)
44.5	R	South St. @T (Follow under Rt. 3) b/c Long Pond Rd. [P stop at gas station before Rt. 3]
54.6	BL	Hedges Pond Rd.
56.4	R F	Rt. 3A (State Road) @T State Road (Do not go on Rt. 3A) [P stop McDonald's at end]
59.0	X	Scenic Highway @TL onto Canal Street
59.2	R	Take sidewalk in front of Friendly's to the bridge. Walk bike over bridge. [Illegal and dangerous to ride over the bridge.]
59.7	BL	After Sagamore Bridge, remount and ride downhill through parking lot.

Mi	Turn	Onto - Comments
59.9	L	Adams Street
60.0	R	Rt. 6A East @SS
60.9	BR	Rt. 130 & Checkpoint #2
62.1	BR	Rt. 130 through Sandwich
63.9	X	under Rt. 6
64.1	L	Service/Access Rd.
66.1	X	Quaker Meeting House Rd. @SS
68.3	X	Chase Rd. @SS
70.7	L QR	Rt. 149 @T Service/Access Rd.
71.5	L	Oak St. @SS
72.6	BL R	Rt. 132 @T Rt. 6A East @T
81.4	R	Setucket - Checkpoint #3
82.1	X	N. Dennis Rd. [Caution: dangerous Intersection.]
87.2	F	Stony Brook Rd. @V
88.0	R	Rt. 6A @T



Mi	Turn	Onto - Comments
88.1	R	Tubman Rd.
89.5	F	Long Pond Rd. @V (Rt. 137)
89.8	L	Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
90.8	F	[Caution: tunnel, slow bike traffic]
92.5	X	Under Rt. 6A [Caution: tunnel, slow bike traffic]
94.1	L	Salty Ridge Rd. at end of trail
94.2	R	West Rd. @T
94.4	L	Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
95.6	X	Rt. 6 on trail bridge
98.8	X	Under Rt. 6 [Caution: tunnel, slow bike traffic]

Mi	Turn	Onto - Comments
104.0		Checkpoint #4 in parking lot at end of trail
104.1	R	LeCount Hollow Rd. @T after parking lot
104.8	L	Ocean View Dr. @SS [First view of Atlantic]
106.7	L	Long Pond Rd.
108.9	R	Main St. @T. Follow through Wellfleet.
109.5	R	West Main St. at Yield sign.
109.5	BL	Pole Dyke Rd.
110.5	BL	Bound Brook Island Rd.
111.6	BL	b/c Old County Rd.
114.2	F	First view of Provincetown on left.
114.3	BR	b/c Depot Rd.
115.0	L	Truro Center Rd. @T



Mi	Turn	Onto - Comments
115.1		Checkpoint #5 on Right [Brownie stop!]
115.3	BL	Castle Rd. @V
116.6	BR	Castle Rd.
117.3	L	Rt. 6 @T [Caution: highway traffic]
117.9	R	South Highland Road
119.3	L	Highland Road [P stop after overpass]
120.4	R	Shore Road Rt 6A @SS
124.2	X	Provincetown Town line
125.2	BR	Bradford St. (Rt. 6A) @V
126.5	R	Finish Line behind Town Hall in Park. Get T-shirt, and brunch tickets.

Emergency Numbers/Information

David 508-971-1774
 Paul 617-412-1399
 Local Authorities 911

Route Services/Support

Starting Point
 Community Bicycles
 490 Tremont 617-542-8623

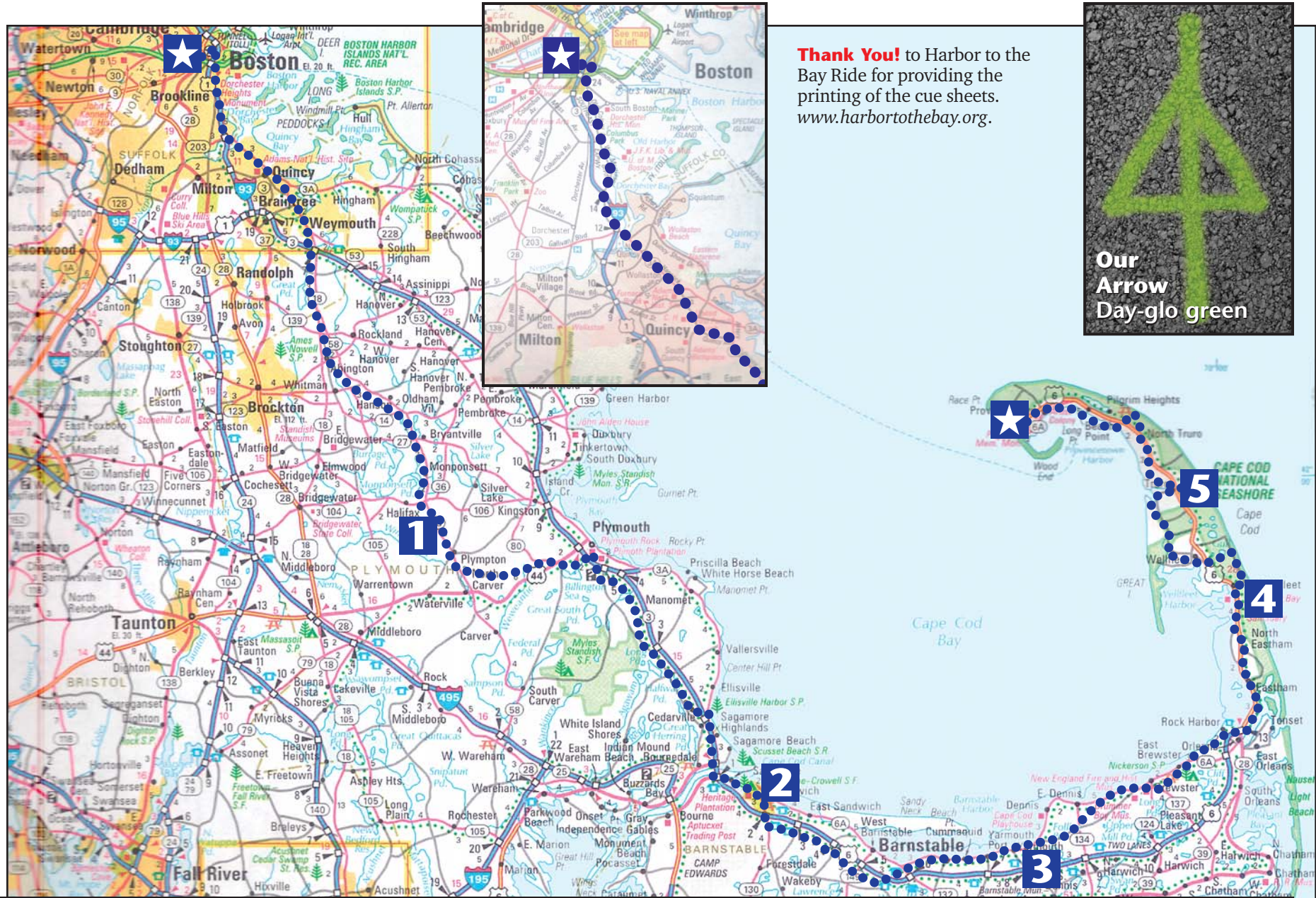
Checkpoint 1
 Dick Maul's
 161 Elm St., Halifax 781-293-3665
 Serious Cycles,
 265 State Rd. (3A), Plymouth... 508-746-2756
 Cycleville
 2228 State Rd.
 (3A, near Sagamore), Plymouth . 508-888-5160

Checkpoint 2
 Cape Cod Bike Rental,
 40 Rt. 6A, Sandwich 508-833-2453
 Outdoor Shop,
 50 Long Pond Dr., Yarmouth 508-394-3819
 Yarmouth Bicycle & Fitness,
 63 White's Path, Yarmouth. 508-394-8941

Checkpoint 3
 Rail Trial Bike Shop
 302 Underpass Rd.
 (on Rail Trail), Brewster 508-896-8200
 Idle Times,
 Rt. 6A, Nickerson State Park,
 Brewster 508-896-9242

Checkpoint 4
 Idle Times, 4550 Rt. 6, Eastham . 508-255-8281
 Little Capistrano
 341 Salt Pond Rd., Eastham 508-255-5615
 Idle Times, 2616A Rt. 6, Wellfleet . 508-349-9161

Finish Line
 Ptown Bikes
 42 Bradford St., Provincetown ... 508-487-8735



Thank You! to Harbor to the Bay Ride for providing the printing of the cue sheets.
www.harbortothebay.org

