

Boston to Provincetown Ride (kilometers)

Km	Turn	Onto - Comments
0.0	R	Tremont St.
0.2	L	East Dedham @TL
0.5	X	Washington St. @TL
1.1	L QR	Harrison Ave. @SS Malden St. at fire station
1.2	L	Albany St. @T. Follow arrows onto sidewalk.
1.3	R	On sidewalk.
1	L	Frontage Rd. @TL
1.4	R	West Fourth St. @TL
1.3	R	Dorchester Ave. @TL
2.1	BL	Old Colony Ave. @TL [P stop at Dunkin' Donuts]
3.5	F	Go through SS. Continue past rotary
4.0	BR	Off ramp @TL
4.3	BR	Morrissey Blvd. (pass WLVI-TV & Boston Globe)



Km	Turn	Onto - Comments
8.7	L F	Neponset Ave. @TL. Follow under highway. Neponset River Bridge
9.3	BR	Exit ramp to Hancock St. (Rt. 3A)
11.9	F	Hancock St. (Not 3A)
14.0	F	Hancock St. @TL. b/c Quincy Ave. [P stop at Burger King]
18.0	BL	Commercial St. @TL (Rt. 53)
18.2	R	Front St. @TL (If you miss turn, follow Rt. 53 & R at Rt. 18 to pick up route.)
18.8	BL	Front St. (Follow arrows.)
22.7	L	West St. @SS
22.8	QR	Rt. 18 @TL [P stop at Dunkin' Donuts]
24.8	R	Pond St. @TL (If you miss this, make left at Rt. 58)

Km	Turn	Onto - Comments
27.8	X F	Rt. 18 @TL Rt.58. Follow to Plympton.
30.1	BL	Rt. 58 @V
34.3	BR	Follow rotary counter-clockwise to 3rd Right
38.1	BR	Rt. 58 [P stop at McDonald's]
48.4		Checkpoint #1 Halifax Boat Ramp
55.5	L	Mayflower Rd.
56.6	BL	Colchester St. (Follow Bike Route 1)
60.6	R	Route 80 West
64.7	R	Rt. 80 West @T (blinking light)
67.2	L	Rt. 44 @T
67.6	BR	Carver Rd. @TL Do not make hard R onto Seven Hills.
68.4	L	Summer St. @SS. Follow into Plymouth Center.



Km	Turn	Onto - Comments
71.1	R	Pleasant St. @T, then
71.3	F	Pleasant St. (not Bike Rt. 1)
71.6	R	South St. @T (Follow under Rt. 3) b/c Long Pond Rd. [P stop at gas station before Rt. 3]
87.8	BL	Hedges Pond Rd.
90.7	R	Rt. 3A (State Road) @T
	F	State Road (Do not go on Rt. 3A) [P stop McDonald's at end]
94.9	X	Scenic Highway @TL onto Canal Street
95.2	R	Take sidewalk in front of Friendly's to the bridge. Walk bike over bridge. [Illegal and dangerous to ride in rotary and over bridge.]
96.0	BL	After Sagamore Bridge, remount and ride downhill through parking lot.

L=Left R=Right X=Cross F=Forward B=Bear Q=Quick SS=Stop Sign T=T-Stop TL=Traffic light V=Fork

Km	Turn	Onto - Comments
96.3	L	Adams Road
96.5	R	Rt. 6A East @SS
98.0	BR	Rt. 130 & Checkpoint #2
99.9	BR	Rt. 130 through Sandwich
102.8	X	under Rt. 6
103.1	L	Service/Access Rd.
106.3	X	Quaker Meeting House Rd. @SS
109.9	X	Chase Rd. @SS
113.7	L QR	Rt. 149 @T Service/Access Rd.
116.8	L	Oak St. @SS
118.4	BL R	Rt. 132 @T Rt. 6A East @T
130.9	R	Setucket - Checkpoint #3
132.0	X	N. Dennis Rd. [Caution: dangerous Intersection.]
140.3	F	Stony Brook Rd. @V
141.5	R	Rt. 6A @T



Km	Turn	Onto - Comments
141.7	R	Tubman Rd.
144.0	F	Long Pond Rd. @V (Rt. 137)
144.4	L	Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
146.0	F	[Caution: tunnel, slow bike traffic]
148.8	X	Under Rt. 6A [Caution: tunnel, slow bike traffic]
151.3	L	Salty Ridge Rd. at end of trail
151.5	R	West Rd. @T
151.8	L	Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
153.8	X	Rt. 6 on trail bridge
158.9	X	Under Rt. 6 [Caution: tunnel, slow bike traffic]

Km	Turn	Onto - Comments
167.3		Checkpoint #4 in parking lot at end of trail
167.4	R	LeCount Hollow Rd. @T after parking lot
168.6	L	Ocean View Dr. @SS [First view of Atlantic]
171.6	L	Long Pond Rd.
175.2	R	Main St. @T. Follow through Wellfleet.
176.8	R	West Main St. at Yield sign.
177.4	BL	Pole Dyke Rd.
177.7	BL	Bound Brook Island Rd.
179.5	BL	b/c Old County Rd.
183.7	F	First view of Provincetown on left.
184.2	BR	b/c Depot Rd.
185.0	L	Truro Center Rd. @T



Km	Turn	Onto - Comments
185.3		Checkpoint #5 on Right [Brownie stop!]
185.4	BL	Castle Rd. @V
187.5	BR	Castle Rd.
188.7	L	Rt. 6 @T [Caution: highway traffic]
189.9	R	South Highland Road
192.2	L	Highland Road [P stop after overpass]
193.8	R	Shore Road Rt 6A @SS
200.2	X	Provincetown Town line
201.9	BR	Bradford St. (Rt. 6A) @V
204.0	R	Finish Line behind Town Hall in Park. Get T-shirt, pin, brunch tickets.

Emergency Numbers/Information

David 508-971-1774
 Paul 617-412-1399
 Local Authorities 911

Route Services/Support

Starting Point
 Community Bicycles
 490 Tremont 617-542-8623

Checkpoint 1
 Dick Maul's
 161 Elm St., Halifax 781-293-3665
 Serious Cycles,
 265 State Rd. (3A), Plymouth... 508-746-2756
 Cycleville
 2228 State Rd.
 (3A, near Sagamore), Plymouth . 508-888-5160

Checkpoint 2
 Cape Cod Bike Rental,
 40 Rt. 6A, Sandwich 508-833-2453
 Outdoor Shop,
 50 Long Pond Dr., Yarmouth 508-394-3819
 Yarmouth Bicycle & Fitness,
 63 White's Path, Yarmouth. 508-394-8941

Checkpoint 3
 Rail Trial Bike Shop
 302 Underpass Rd.
 (on Rail Trail), Brewster 508-896-8200
 Idle Times,
 Rt. 6A, Nickerson State Park,
 Brewster 508-896-9242

Checkpoint 4
 Idle Times, 4550 Rt. 6, Eastham . 508-255-8281
 Little Capistrano
 341 Salt Pond Rd., Eastham 508-255-5615
 Idle Times, 2616A Rt. 6, Wellfleet . 508-349-9161

Finish Line
 Ptown Bikes
 42 Bradford St., Provincetown ... 508-487-8735



Thank You! to Harbor to the Bay Ride for providing the printing of the cue sheets.
www.harbortothebay.org



Elevations: Meters/Kilometers

